

Monday, April 6, 2020

Dear Students,

I hope you and yours are all doing well and are finding ways to rest on this Monday morning. During this weekend, I was reflecting on all the ways in which you must be engaging in ministry and living a life of service and care for others. Please know that I am thinking of you and holding a place for you during my spiritual practices and prayers.

Some of you may have seen these short centering rituals I've been sharing in the mornings. But I thought I share them here with you as well. They can be accessed through my social media (follow the buttons below my signature) or through this link:

<https://www.htiopenplaza.org/blog-contributors/elias-ortega>

Warm regards in this journey,

Elías

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